

New Student Getaway Information Sheet

General Schedule

Look for updates and locations from your SEASSPAN Mentor!

Sunday:

SEASSPAN Mentors will assist you as you move into your residence halls. Then there will be a required Welcome Pizza Social at 5:30 PM in the Science and Engineering Hall (SEH) 1st Floor Lobby.

Monday - Wednesday:

New Student Getaway at ACE Adventure Resort (West Virginia)

Thursday - Friday:

You will have opportunities to explore Washington D.C. with the SEASSPAN Mentors! A more detailed schedule of the activities and meeting places will be provided to you by your SEASSPAN Mentor on Sunday night.

New Student Getaway General Schedule

A detailed and personalized schedule will be provided to you by your Mentor. However, below is a general outline of our three days in West Virginia.

Monday:

****Meet at 7:30 AM in the 1st Floor lobby of the Science and Engineering Hall with your belongings for the trip and check in with your SEASSPAN Mentor****

We will depart from the Science and Engineering Hall in coach buses and travel to Oak Hill, West Virginia. Bring money for lunch as we will be stopping half way to the campsite and you will be able to purchase lunch. Once we arrive at ACE, there will be time to unpack and settle in. We will eat dinner at ACE, followed by activities and a bonfire. After the bonfire, everyone will split up into their cabins/tents and get some sleep.

Tuesday:

The day will start with breakfast, followed by some time to hang out by the lake. There are slides, zip lines, blobs, trampolines, and more for you to explore. You will be participating in your adventure activity at some time throughout the day. Your nametag will have your schedule on the back of it with meeting times for meals and activities. Various activities and another bonfire will end the day.

Wednesday:

The day will start with breakfast, followed by an early departure back to campus. Lunch will be provided to you on the bus. We expect to arrive back in DC around 4:00PM on Wednesday, which will allow you time to prepare for the rest of your New Student Orientation experience and the first day of classes!

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New Student Getaway Checklist

What We Recommend To Bring:

- ✓ Sleeping Bag and pillow (or a sheet, blanket, and pillow)
- ✓ Sneakers with laces
- ✓ Slip-on shoes/flip flops
- ✓ Pants or long shorts for rock climbing and zip lining
- ✓ Non-cotton shorts for white water rafting
- ✓ Comfortable clothes that can be layered
- ✓ Something warm to wear during cool evenings
- ✓ Swim suit
- ✓ Towel
- ✓ Extra socks
- ✓ Plastic trash bag for wet/dirty clothes
- ✓ Bug spray
- ✓ Sunscreen
- ✓ Flashlight
- ✓ Toiletries (there are shower facilities but they are separate from the sleeping quarters)
- ✓ Required Medication
- ✓ Money for snacks and additional items you might find helpful
- ✓ Photo ID

Additional Items You Might Find Helpful:

- ✓ Travel alarm clock (battery operated)
- ✓ Raincoat (just in case)
- ✓ Camera

NO loose jewelry or hoop earrings – please leave all jewelry in D.C.

Do NOT bring a large sum of money or any other valuables to West Virginia!

For more information, please contact your SEASSPAN Mentor.

If you do not know who your mentor is, please check for an email from them in your @gwu.edu email account